

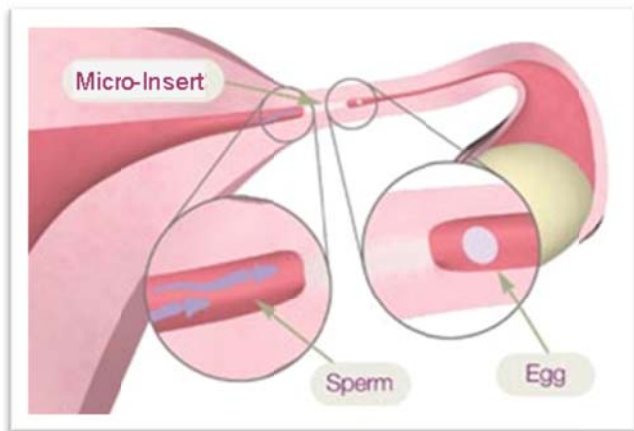


## Surgery Free, Permanent Birth Control—Essure

**5 minute office treatment--No pain, no cutting, no recovery**

If you have completed your family and never want to worry about birth control again, then you should strongly consider Essure. It has been FDA approved for over 12 years in the United States. Over 1 million women have safely & successfully undergone this 5 minute office treatment--No pain, no cutting, no recovery! These women and their partners now enjoy sex without any concerns about an unplanned pregnancy. Long-term clinical studies have proven that Essure is the most effective method of birth control, surpassing tubal ligation and vasectomy. For all these reasons Essure has become the preferred treatment for women desiring permanent birth control.

Essure micro-inserts (tiny plugs) permanently block the fallopian tubes so sperm and egg can't reach one another. This is simply and quickly accomplished using a very small scope and local anesthesia in our office. Women immediately return to their regular activities. After 3 months an Essure Confirmation Test (x-ray) is performed



	ESSURE	TUBAL LIGATION	VASECTOMY	IUD	PILL
Surgery-free	●			●	●
Hormone-free	●	●	●	†	
Performed in a doctor's office	●		●	●	N/A
Permanent	●	●	●		
Rapid recovery (less than a day)	●			●	N/A
Confirmation test	●		●		
Failure rates**	<b>.05%</b>	.55%	.74%	.20%	8%

proving the tubes are blocked.

Unfortunately many women continue to undergo tubal ligation because their OBGyns do not acquire advanced hysteroscopic training or refuse to make the investment to equip their offices to offer Essure. This unnecessarily exposes women to the risks of invasive surgery, general anesthesia, and a more painful recovery. You can learn more about Essure at our website [ScottKramerMD.com](http://ScottKramerMD.com) and you will not only get educated about all birth control options, but also be able to watch a video of a woman undergoing this office treatment.

*Wishing you good health!*

Scott Kramer MD, FACOG

*Share this newsletter with those you care... sisters, mothers, friends*